

2026 ANNUAL CME CONFERENCE

May 7-9, 2026

The Greenbrier Resort

White Sulphur Springs, WV



Join us!



VIRGINIA SOCIETY OF OTOLARYNGOLOGY



WEST VIRGINIA ACADEMY OF OTOLARYNGOLOGY

Co-Provided by:



**Institute for
Academic Medicine**

 **Vandalia Health**

Conference Program

About the Meeting

Thursday, May 7, 2026

4:00 pm - 6:00 pm	VSO Board Meeting	Room TBA
6:00 pm - 7:30 pm	Cocktail Reception	Eisenhower Foyer

Friday, May 8, 2026

7:00 am - 7:45 am	Registration, Breakfast Poster Session	Eisenhower Foyer
7:45 am - 8:00 am	Welcome/Introduction Dr. Eric Dobratz, VSO Dr. Monika Freiser, WVAO	Eisenhower A-C
8:00 am - 8:30 am	Laryngologic Conditions of Pregnancy: A Retrospective Cohort Study Aleeza Leder Macek, University of Virginia Aggressive Idiopathic Subglottic Stenosis in a Patient With Acquired Lipodystrophy: Exploring a Shared Fibrotic Pathway Outcomes After Transoral Robotic Surgery for Minor Salivary Gland Cancer: A Database Study Dr. Rickenbach, West Virginia University Risk Factors of Oral Tongue Lesions in Nonsmoking, Nondrinking Adults: A National Database Case-Control Study Jared Stewart	
8:30 am - 9:15 am	Surgeons Volunteering - Reshaping the Conversation of Giving Dr. Travis T. Tollefson, M.D., M.P.H. UC Davis, Sacramento, CA	
9:15 am - 9:45 am	International Humanitarian Missions Panel Moderator – Travis Tollefson, MD, Sacramento, CA Panelists Mark Armeni, MD, Morgantown, WV Raj Petersson, MD, Richmond, VA John Sinacori, MD, Norfolk, VA	
9:45 am - 10:15 am	Break and Poster Session	Eisenhower Foyer

We are excited for the partnership between the Virginia Society of Otolaryngology & the West Virginia Academy of Otolaryngology at this year's joint meeting!

Both societies are made up of the states' leading physicians in the treatment of ear, nose and throat diseases. This conference gives you ample opportunities to interact with over 120 otolaryngologists from Virginia and West Virginia, from all corners and specialties, including those from Virginia's and West Virginia's top medical schools.

Now joined by our colleagues from Virginia and West Virginia, this conference offers an even more robust and collaborative regional gathering!

The Greenbrier

101 West Main Street
White Sulphur Springs, WV 24986
304.536.1110

Book your room with our
discounted group rate by
March 20, 2026!

Conference
registration is now
OPEN at:

www.vso-hns.org
www.wvao-hns.org

Conference Program

Friday, May 8, 2026 (cont.)

10:15 am - 10:45 am	An Expert-Validated Survey to Assess Lead Tethering Following Hypoglossal Nerve Stimulation Surgery Rishi Raghavan, Virginia Commonwealth University School of Medicine Clinical Outcomes of Hypoglossal Nerve Stimulation Versus Continuous Positive Airway Pressure in Obstructive Sleep Apnea Iman Adibi, Virginia Commonwealth University School of Medicine Efficacy of Inspire™ Hypoglossal Nerve Stimulation in Lowering Supine Apnea-Hypopnea Index	Eisenhower A-C
	Post-operative Titration Sleep Studies May Overestimate Hypoglossal Nerve Stimulator Efficacy	
10:45 am - 11:15 am	Surgical Management of Pediatric Obstructive Sleep Apnea: Does Technique Matter? (You Can Teach An Old Dog New Tricks) Michael Cunningham, MD, Boston, MA	
11:15 am - 12:00 pm	Sleep Panel: Evaluation and treatment of sleep apnea Moderator – Cristina Baldassari, MD, Norfolk, VA Panelists: Delaney Carpenter, MD, Charlottesville, VA Ryan Nord, MD, Richmond, VA	
12:00 pm - 1:00 pm	Lunch and Poster Session	Eisenhower Foyer
1:00 pm - 2:05 pm	Rhinology Breakout	Eisenhower A
1:00 pm	Coal Worker’s Pneumoconiosis Increases Risk of Chronic Rhinosinusitis: A U.S. Population Study Ryan Ziltzer, West Virginia University Review of Computed Tomography Imaging Can Decrease Nontherapeutic Transfer After Facial Trauma	Eisenhower A
	Cumulative Systemic Steroid Exposure and Adverse Outcomes in Chronic Rhinosinusitis: Evidence for a Threshold Effect	

Conference Program

1:20 pm	Rhinology Panel: That's a Lot of Biologics – How Do You Use Biologics for Nasal Polyps Moderator: Kent Lam, MD, Richmond, VA Panelists: Chadi Makary, MD, Morgantown, WV Spencer Payne, MD, Charlottesville, VA Theodore Schuman, MD, Richmond, VA	
1:00 pm - 2:05 pm	Facial Plastic Surgery Breakout	Eisenhower B-C
1:00 pm	Botulinum Toxin for Treatment of Synkinesis: Effects on Anxiety and Depression Dr. Oyer, University of Virginia Comparing Outcomes in Patients Treated with Chemodenervation Versus Surgery for Facial Synkinesis: A Systematic Review and Meta-analysis International, Multi-specialty Expert Consensus on Nomenclature for Facial Paralysis	Eisenhower B-C
1:20 pm	Contemporary Management of Facial Nerve Disorders Moderator: Will Dougherty, MD, Norfolk, VA Panelists: Rhorie Kerr, Norfolk, VA Sam Oyer, Charlottesville, VA Travis Tollefson, Sacramento, CA	
2:15 pm - 2:45 pm	From Skin to Sinus: Dermatological Pearls for the Otolaryngologist Christian Carr, MD, MPH, Charlottesville, VA	Eisenhower A-C
2:45 pm - 3:15 pm	Vascular Malformations in Head and Neck David Darrow, MD, Norfolk, VA	
3:15 pm - 3:45 pm	Break and Poster Session	Eisenhower Foyer
3:45 pm - 4:30 pm	Contemporary Management of Parotid Gland Lesions: Practical Updates for Comprehensive Otolaryngologist Moderator: Jonathan Mark, MD, Norfolk, VA Katherine Fedder, MD, Charlottesville, VA Adam Howard, MD, Morgantown, WV	Eisenhower A-C
4:45 pm - 5:15 pm	Resident Academic Bowl Moderator: Eric Dobratz, MD, Richmond, VA	Eisenhower A-C

Conference Program

5:15 pm - 6:30 pm **Cocktail Reception** Eisenhower A-C

Saturday, May 9, 2026

7:00 am - 7:45 am **Registration, Breakfast and Poster Session** Eisenhower A-C

7:45 am - 8:00 am **VSO Business Meeting** Eisenhower A-C

8:00 am **Welcome Remarks** Eisenhower A-C
Dr. Eric Dobratz, VSO President
Dr. Monika Freiser, WVAO President

8:00 am - 8:30 am **Impact of Primary Immunodeficiency on Morbidity and Mortality Among Patients with Head and Neck Cancer: A Propensity-Matched Cohort Analysis** Eisenhower A-C
Tara Jella,
Outcomes for Hypopharyngeal Cancer Treated with TORS: A Database Study

Validation of a Child-Reported Version of Pediatric OSA-18 Quality of Life Instrument
Kristina Powers, Old Dominion University
Clinical and Voice Outcomes After Systemic Antifungal Therapy for Suspected Fungal Laryngitis

8:30 am - 9:30 am **Professionalism: A Tale of Two (Three) Cases** Eisenhower A-C
Michael Cunningham, MD, Boston, MA

9:30 am - 10:30 am **Scary Cases in Pediatric Otolaryngology**
Moderator: Helene Dabbous, MD, Morgantown, WV
Panelists:
Michael Cunningham, MD, Boston, MA
David Darrow, MD, Norfolk, VA
Steve Goudy, MD, Norfolk, VA

10:15 am - 10:45 am **Break and Poster Session** Eisenhower Foyer

10:45 am - 11:15 am **Increased Risk of Inner Ear Disease in Patients with Inflammatory Bowel Disease: A National Database Study** Eisenhower A-C
Yashnoor Sandhu, Virginia Commonwealth University
Accessibility of Otolaryngology Care in Virginia: A Geospatial Workforce Analysis

Conference Program

Saturday, May 9, 2026 (cont.)

Impact of Residency Interview Format on Assessment of Otolaryngology Applicants Eisenhower A-C

Radiomorphometric Analysis of Internal Auditory Canal Access: Retrolabyrinthine vs Established Hearing-Preserving Approaches

11:00 am - 11:45 am

Otology Panel on Hearing Loss
Moderator: Peter Volsky, MD, Richmond, VA
Panelists:
Brian Kellermeyer, MD, Morgantown, WV
Benjamin Lovin, MD, Charlottesville, VA
Nauman Manzoor, MD, Richmond, VA
Joe Touma, MD, Huntington, WV

11:45 am - 12:00 pm

Closing remarks
Dr. Eric Dobratz, VSO President
Dr. Monika Freiser, WVAO President

12:00 pm

Adjourn

12:47 pm - 1:37 pm

Golf Tee Times (six foursomes) Meadows Course
Please make and pay for tee times directly with The Greenbrier

The Details

Objectives:

The participant will be able to:

- 1) Plan and execute a successful humanitarian mission.
- 2) Understand the management of complex airway interventions during an EXIT procedure.
- 3) Distinguish the risks and benefits of extracapsular tonsillectomy versus intracapsular tonsillectomy with respect to the management of their pediatric obstructive sleep apnea patients.
- 4) Appreciate that professionalism in surgery requires the self-discipline to practice in accordance with ethical principles with every choice we make.
- 5) Describe the options for service as a surgeon in volunteer global surgery engagements.
- 6) Evaluate the use of biologics in the treatment algorithm for chronic rhinosinusitis with nasal polyps (CRSwNP).
- 7) Understand various management strategies of a variety of topics in otology.
- 8) Improve understanding of surgical management of OSA.

Disclosures:

It is the policy of the CAMC Institute for Academic Medicine that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. spouses/partners, grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. The following disclosures have been shared: Dr. Cunningham is a consultant with Plural Publishing; Dr. Goudy is a major shareholder with Dr. Noze Best and Oridivus; Dr. Lam has research support from AstraZeneca, is a consultant for Regeneron/Sanofi, and is on the Speakers' Bureau for GSK, Eli Lilly and Paratek; Dr. Tollefson has grants from AO Foundation and Johnson and Johnson. Faculty relationships with industry, if any, will be made available on-site and disclosure made from the podium to the participants. All presentations are HIPAA compliant.

Accreditation:

In support of improving patient care, this activity has been planned and implemented by the West Virginia Academy of Otolaryngology (WVAO) and CAMC Institute for Academic Medicine. CAMC Institute for Academic Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Attendees are responsible for an online CE processing fee to receive CE credit. The processing fee is separate from any registration fees. On the day of the program, attendees will receive a unique log-in, URL link, and instructions.



JOINTLY ACCREDITED PROVIDER
INTERPROFESSIONAL CONTINUING EDUCATION

Credit Hour Statement:

The CAMC Institute designates this live activity for a maximum of 13.5 hours for AMA PRA Category I Credit(s)[™] for Friday, May 9, and Saturday, May 10. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Conference Program
